



## Dundee Elementary February Lunch Menu

Every Tuesday is Lucky Tray Day!

\*White 1%, Strawberry, and Fat Free Chocolate Milk available daily

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Viking Bowl! Chicken with Mashed Potatoes, Gravy and Broccoli	Chicken Sandwich	Pizza Friday's!
		ALTERNATE ENTRÉE: Sunbutter and Grape Jelly Sandwich	Seasoned Carrots  ALTERNATE ENTRÉE: Sunbutter and Jelly Sandwich	Pepperoni and Cheese Pizza, Seasoned Peas  ALTERNATE ENTRÉE: Turkey Sandwich
6	7	8	9	10
Toasted Cheese Sandwich	Chicken Tenders	Breakfast for Lunch! Pancakes!	Chicken Poppers	Pizza Friday's!
Tater Tots and Seasoned Corn	Seasoned Broccoli	Crispy Bacon	Seasoned Green Beans	Sausage and Cheese Pizza
ALTERNATE ENTRÉE: Turkey and Cheese Wrap	WG Dinner Roll ALTERNATE ENTRÉE: Chef Salad	Hash Brown, String Cheese ALTERNATE ENTRÉE: Ham Hoagie	WG Dinner Roll ALTERNATE ENTRÉE: Chocolate Chip Muffin Fun Lunch!	ALTERNATE ENTRÉE: Ham and Cheese Sub
13	14	15	16	17
Beefy Nachos!	Toasted Cheese Sandwich	Chicken Tenders	Mini Corn Dogs	<p style="color: red; font-weight: bold;">1/2 Day - Sack Lunches Available Your student can sign up in class!</p>
Salsa, Refried Beans	Savory Green Beans	Tator Tots	Seasoned Corn	
ALTERNATE ENTRÉE: Turkey and Cheese Wrap	Curly Fries ALTERNATE ENTRÉE: Cereal Fun Lunch!	WG Dinner Roll ALTERNATE ENTRÉE: Ham Chef Salad	WG Dinner Roll ALTERNATE ENTRÉE: Ham Hoagie	
20	21	22	23	24
NO School,  See you tomorrow!	Chicken Nuggets	Macaroni and Cheese	Classic Cheeseburger	Pizza Friday's!
	Buttered Noodles	Savory Green Beans	Seasoned Corn	Pepperoni and Cheese Pizza, Green Salad
	Seasoned Carrots ALTERNATE ENTRÉE: Chef Salad	WG Dinner Roll ALTERNATE ENTRÉE: Sunbutter and Jelly Sandwich	ALTERNATE ENTRÉE: Turkey and Cheese Wrap	ALTERNATE ENTRÉE: Salami and Cheese Sub
27	28			
Bosco Sticks	Spaghetti with Meat Sauce			
Marinara Sauce	Garlic Bread			
Savory Green Beans	Seasoned Broccoli			
ALTERNATE ENTRÉE: Italian Chicken Parmesan Wrap	ALTERNATE ENTRÉE: Turkey and Cheese Sandwich			

**Fresh Fruit and Vegetable Bar Available with a Lunch Meal! Fruits and Vegetables vary each day, examples below**

Assorted Greens	Assorted Greens	Assorted Greens	Assorted Greens	Assorted Greens
Kiwi	Bananas with Cinnamon	Cantaloupe	Apples	Oranges
Celery	Carrots	Sliced Tomatoes	Peppers	Cucumbers
Applesauce	Sliced Peaches	Pear Pieces	Pineapple	Mandarin Oranges
*Can vary depending on availability	*Can vary depending on availability	*Can vary depending on availability	*Can vary depending on availability	*Can vary depending on availability

**School Foodservice Information:**

Lunch Price: \$2.70 paid, \$.40 reduced, free (if qualified)  
 No advance registration necessary! All students are welcome every day!

**Jennifer Gay, Director of Dining Services**

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Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.

**Our guidelines:**

- Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans
- Provide more whole grain foods, such as brown rice and whole wheat
- Encourage lean proteins including vegetarian and plant based
- Reduce unhealthy fats, sodium, and sugar
- Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to [www.EatLearnLive.com](http://www.EatLearnLive.com)

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