



Dundee Middle & High School February Breakfast Menu

*White 1% & Fat Free Chocolate available DAILY, Strawberry on Thursday

Served Daily: Fresh fruit, yogurt, cereal, cereal bars, muffins, bagels, pancakes, waffles, A full student breakfast includes a choice of entrée supplying protein and grain, choice of up to 2 fruit side dish (minimum of 1/2 cup), and a choice of milk. Fruit sides are included in each meal at our "Extra Extra Bar", up to one cup per meal. Please contact us for more information.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Breakfast Burrito	WG Pancakes	Cinnamon Roll
		Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon
		Meatless Breakfast Sandwich	Meatless Breakfast Sandwich	Meatless Breakfast Sandwich
			Turkey Bacon, Hash Brown Patty	Sausage Links
6	7	8	9	10
Scrambled Egg Pizza	French Toast Sticks	Cheesy Scrambled Eggs	Cinnamon Roll Smoothie	Breakfast Burrito
Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon
Meatless Breakfast Sandwich	Meatless Breakfast Sandwich	Meatless Breakfast Sandwich	Meatless Breakfast Sandwich	Meatless Breakfast Sandwich
		Turkey Bacon		Sausage Links
13	14	15	16	17
Fruit and Yogurt Parfait	Egg Popover!	Apple Orange Smoothie	Cheesy Scrambled Eggs	Cinnamon Roll
Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon
Meatless Breakfast Sandwich	Meatless Breakfast Sandwich	Meatless Breakfast Sandwich	Meatless Breakfast Sandwich	Meatless Breakfast Sandwich
	Hash Brown Patty/Tator Tots	Hash Brown Patty/Tator Tots	Hash Brown Patty/Tator Tots	
20	21	22	23	24
No School See you tomorrow!	Cinnamon Peach Oatmeal	WG Pancakes with Toppings	Strawberry Pineapple Smoothie	Cinnamon Roll
	Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon	Breakfast Sandwich Selection with Sausage, Ham or Bacon
	Meatless Breakfast Sandwich	Meatless Breakfast Sandwich	Meatless Breakfast Sandwich	Meatless Breakfast Sandwich
	Hash Brown/Turkey Bacon	Hash Brown Patty	Biscuit	Sausage Links
27	28			<p style="color: red; font-weight: bold;">Happy Valentine's Day</p> <p style="color: red; font-weight: bold;">Heart Shaped Pizzas available during lunch</p>

School Foodservice Information:

Breakfast Price: \$1.30 paid, \$.30 reduced, free (if qualified) \$1.65 Adult

No advance registration necessary! All students are welcome every day!

Jennifer Gay, Director of Dining Services

Jennifer.Gay@Dundee.k12.mi.us

734-529-2350 X11014

Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce