



Dundee Middle & High School April Breakfast Menu

*White 1%, Fat Free Chocolate, and Strawberry Milk available DAILY

Made Fresh Daily: Parfaits! We also have fresh fruit selections and yogurt, cereal, cereal bars, muffins, bagels. A full student breakfast includes a choice of entrée supplying protein and grain, choice of up to 2 fruit side dish (minimum of 1/2 cup), and a choice of milk. Fruit sides are included in each meal at our "Extra Extra Bar", up to one cup per meal. Please contact us for more information.

Monday	Tuesday	Wednesday	Thursday	Friday
4 Bacon Egg & Cheese Sausage, Egg & Cheese Muffin Tater Tots Mini WG Biscuit	5 WG Waffles Egg and Cheese Bagel Sandwich Sausage, Egg and Cheese Muffin	6 Bacon Egg & Cheese Sausage, Egg & Cheese Muffin Sausage Patties, WG Biscuit Tater Tots	7 Breakfast Sausage Pizza Egg and Cheese Bagel Sandwich Sausage, Egg and Cheese Muffin	8 Blueberry Waffles Turkey Sausage, Egg, Cheese Sandwich Tater Tots
11 NO SCHOOL	12 Scrambled Eggs w Cheddar Cheese Hot Ham & Cheese Bagel Sausage and Cheese on an Biscuit Hashbrown Patty/WG Biscuit	13 WG Pancakes Bacon, Egg, & Cheese Sandwich Hot Ham & Cheese Bagel	14 Mini Maple French Toast Hot Ham & Cheese Bagel Sausage and Cheese on an Biscuit Hash Brown Patty	15 Breakfast Sausage Pizza Bacon, Egg, & Cheese Sandwich Sausage and Cheese on an Biscuit
18 Blueberry Bash Waffles Ham, Egg & Cheese Bagel Sausage & Cheese on English Muffin Hash Brown Patty	19 Sausage & Pancake on a Stick! Ham, Egg, and Cheese Bagel Sausage & Cheese on English Muffin	20 WG Waffles Ham, Egg, and Cheese Bagel Hash Brown Patty Sausage Patties	21 Mini Maple French Toast Ham, Egg, and Cheese Bagel Hash Brown Patty	22 Ham, Egg and Cheese Burrito Bacon, Egg & Cheese Sandwich Sausage & Cheese on English Muffin
25 Waffles Bacon, Egg & Cheese Sandwich Sausage & Cheese on English Sandwich Tater Tots	26 Scrambled Eggs w Cheddar Cheese Ham, Egg and Cheese Burrito Sausage & Cheese on English Sandwich WG Biscuit	27 WG Pancakes Bacon, Egg & Cheese Sandwich Sausage & Cheese on English Muffin Tater Tots	28 French Toast Ham, Egg and Cheese Burrito Sausage & Cheese on English Sandwich	29 Breakfast Sausage Pizza Bacon, Egg & Cheese Sandwich Sausage & Cheese on English Sandwich Tater Tots

School Foodservice Information:

Breakfast Price: \$1.25 paid, \$.30 reduced, free (if qualified) \$1.65 Adult

No advance registration necessary! All students are welcome every day!

Jennifer Gay, Director of Dining Services

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Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans
Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce