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School Foodservice Information

Price: \$2.90, paid, \$.40 reduced*, free* (*if qualified)

Adult Price: \$3.55

No advance registration necessary! All students are welcome every day!

Shelly Farris, **Director of Dining Services**

734-529-2350 X11014, shelita.farris@dundee.k12.mi.us

Chartwell's new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.

Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwell's' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

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Dundee Middle School LUNCH MENU November 5-9, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
create	Burger Bar! Cheese Burger, Turkey Cheeseburger, Black Bean Burger, Oven Baked Fries, Vegetarian Baked Beans	Sono Bar!	BBQ Chicken, Garlic-Parmesan Roasted Potatoes, Seasoned Carrots, WG Dinner Roll	Orange Chicken Stir-Fry, Chicken Vegetable Stir-Fry, Sesame Green Beans, Asian Brown Rice, WG Dinner Roll	Viking Bowl Friday's Popcorn Chicken, Mashed Potatoes and Gravy, Seasoned Corn, Cheddar Cheese and Breadstick
2nd mate	Daily Selections: Classic Cheese Pizza & Pepperoni Pizza				
	Buffalo Chicken Pizza	Italian Sausage Flatbread	Veggie Pizza	Aloha Pizza	Bacon Cheeseburger Pizza
grill'd	Crispy Chicken Sandwich, Cheeseburger, Philly Cheese Steak	Spicy Chicken Sandwich, Classic Cheeseburger, Chicken Nuggets with Roll, Seasoned Fries	Grilled Chicken Sandwich, Classic American Cheeseburger, Italian Meatball Sub	Crispy Chicken Sandwich, Toasty Three Cheese Sandwich, Bacon Cheeseburger, Seasoned Fries	BBQ Pulled Pork Sandwich, Crispy Chicken Sandwich, Turkey Cheeseburger
ON-THE-GO	Simple Egg Salad Sandwich, Turkey Cobb Salad with Roll, Blueberry Parfait with Granola	Italian Hoagie, Asian Chicken Noodle Salad, Apple Cinnamon Parfait with Granola	Mandarin Chicken Salad, Turkey Caprese Panini, Peach Parfait with Granola	Buffalo Popcorn Chicken Salad, Honey Mustard Turkey Ham & Cheese, Strawberry Parfait with Granola	Asian Chicken Salad, Honey Mustard Turkey Ham & Cheese, Strawberry Parfait with Granola
sono <small>CELEBRATE LATIN</small>		Seasoned Taco Meat, Fajita Chicken, Cilantro Lime Rice, Vegetarian Refried Beans			

Available with all meals - minimum of 1/2 cup fruit or vegetable

EXTRA	Caesar Salad	Mixed Green Salad	Lettuce & Tomato Salad	Spinach & Cranberry Salad	Lettuce & Tomato Salad
	Spicy Peach Salad	Home-style Potato Salad	Green Bean Salad	Vegetable Pasta Salad	Vegetable Pasta Salad
	Fresh Cauliflower, Fresh Baby Carrots	Green Peas, Celery Sticks	Vegetable Crudit�, Garbanzo Beans	Fresh Celery Sticks	Baby Carrots & Celery Sticks
	100% Fruit Juice	Baby Carrot's	100% Fruit Juice	Strawberry Cup	100% Fruit Juice
	Fresh Whole Fruit, Assorted Chilled Fruit	Fresh Whole Fruit, Assorted Chilled Fruit	Fresh Whole Fruit, Assorted Chilled Fruit	Fresh Whole Fruit, Assorted Chilled Fruit	Fresh Whole Fruit, Assorted Chilled Fruit
	1% Low-Fat Milk	1% Low-Fat Milk	1% Low-Fat Milk	1% Low-Fat Milk	1% Low-Fat Milk
	1% Low-Fat Chocolate & Strawberry Milk	1% Low-Fat Chocolate & Strawberry Milk	1% Low-Fat Chocolate & Strawberry Milk	1% Low-Fat Chocolate & Strawberry Milk	1% Low-Fat Chocolate & Strawberry Milk

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Dundee Middle School LUNCH MENU November 12-16, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
create	Spicy Boneless Chicken Wings, Boneless Chicken Wings, Sweet Potato Fries, Fresh Baked WG Biscuit, Savory Green Beans	Sono Day!	Philly Cheese Steak, Chicken Philly Cheese Steak, Vegetarian Baked Beans, Tater Tots	Breakfast for Lunch! French Toast Sticks, Scramble Eggs, Home Fried Potatoes, Turkey Sausage	Holiday Feast! Roasted Turkey, Mashed Potatoes, Stuffing, Green Beans, Apple Cranberry Crisp
2^{matato}	Daily Selections: Classic Cheese Pizza and Pepperoni Pizza				
	Veggie Lovers Pizza	Pepperoni & Cheese Calzone	BBQ Chicken Pizza	Hawaiian Pizza	Buffalo Chicken Pizza
grill'd	Crispy Chicken Sandwich, Classic Cheeseburger, BBQ Pulled Pork	Spicy Chicken Sandwich, Classic Cheeseburger, Chicken Nuggets with Breadstick	Crispy Chicken Sandwich, Crispy Fish Sandwich with Cheese, Mozzarella and Pepperoni Panini	Chicken Cordon Blue Sandwich, Grilled Chicken Sandwich, Taco Burger, Seasoned Fries	Crispy Chicken Sandwich, Classic Cheeseburger, Italian Turkey Parm Burger
ON THE GO	Antipasto Italiano Salad, Chicken Ranch Wrap, Apple Cinnamon Parfait w/Granola	Hummus and Feta Wrap, Popcorn Chicken & Romaine Salad, Blueberry Parfait with Granola	Chicken Caesar Salad, Ham & Swiss Pretzel Roll Sandwich, Pineapple Parfait with Granola	Ham & Turkey Chef Salad, Chicken, Swiss & Spinach Sub, Peach Parfait with Granola	Buffalo Chicken Salad, Asian Chicken Wrap, Pineapple Parfait with Granola
SONO CELEBRATE LATIN		Seasoned Taco Meat, Chicken & Cheese Enchiladas, Seasoned Mexican Style Refried Beans, Cilantro Lime Rice			

Available with all meals - minimum of 1/2 cup fruit vegetable

Mixed Greens Salad	Lettuce & Tomato Salad	Lettuce & Tomato Salad	Hearty Spinach & Vegetable Salad	Spinach and Cranberry Salad
Macaroni & Vegetable Salad	Marinated Cool Cucumbers	Home Style Potato Salad	Asian Pinto Bean Salad	Citrus Chickpea Salad
Green Peas & Baby Carrots	Pea Salad, Broccoli Florets	Sliced Cucumbers, Carrots	Fresh Celery Sticks	Sliced Cucumbers & Baby Carrots
100% Fruit Juice	Cherry Tomatoes	100% Fruit Juice	Baby Carrots	100% Fruit Juice
Fresh Whole Fruit, Assorted Chilled Fruit	Fresh Whole Fruit & Assorted Chilled Fruit	Fresh Whole Fruit & Assorted Chilled Fruit	Fresh Whole Fruit & Assorted Chilled Fruit	Fresh Whole Fruit & Assorted Chilled Fruit
1% Low-Fat Milk	1% Low-Fat Milk	1% Low-Fat Milk	1% Low-Fat Milk	1% Low-Fat Milk
1% Low-Fat Chocolate & Strawberry Milk	1% Low-Fat Chocolate & Strawberry Milk	1% Low-Fat Chocolate & Strawberry Milk	1% Low-Fat Chocolate & Strawberry Milk	1% Low-Fat Chocolate & Strawberry Milk



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Dundee Middle School LUNCH MENU November 19-23, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
create	The Perfect Sloppy Joe, Baked Beans, Tater Tots	Taco Tuesday!	 <p>Thanksgiving Break No School</p>		
2nd mateo	Daily Selections: Classic Cheese Pizza and Pepperoni Pizza				
	Italian Sausage Stromboli	BBQ Chicken Pizza			
grill'd	Crispy Chicken Sandwich, Mini Corn Dogs w/Breadstick, Cheeseburger	Spicy Chicken Sandwich, Mozzarella and Pepperoni Panini, Garlic Parmesan Turkey Burger, Seasoned Fries			
ON THE GO	Little Italy Wrap, Popcorn Chicken & Romaine Salad with Roll, Blueberry Parfait with Granola	Mandarin Chicken Salad, Buffalo Ranch Chicken Wrap, Peach Parfait with Granola			
SONO <small>CELEBRATE LAWN</small>		Seasoned Taco Meat, Buffalo Ranch Chicken Quesadilla, Mexican Style Refried Beans, Cilantro Lime Rice			

Available with all meals - minimum of 1/2 cup fruit vegetable

Lettuce & Tomato Salad	Lettuce & Tomato Salad			
Marinated Cool Cucumbers	Green Bean Salad			
Green Peas & Cherry Tomatoes	Fresh Carrots and Broccoli Florets			
100 % Fruit Juice	Garbanzo Beans			
Fresh Whole Fruit, Assorted Chilled Fruit	Fresh Whole Fruit, Assorted Chilled Fruit			
1% Low-Fat Milk	1% Low-Fat Milk			
1% Low-Fat Chocolate & Strawberry Milk	1% Low-Fat Chocolate & Strawberry Milk			



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Dundee Middle School LUNCH MENU November 26-30, 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
create	Pancakes, Scramble Eggs with Cheddar Cheese, Home Fried Potatoes	Sono Bar!	Cajun Roasted Pork Loin, Dijon Glazed Carrots, Buttered Noodles, WG Dinner Roll	Chicken & Waffles, Seasoned Broccoli	Viking Bowl! Mashed Potato & Chicken Bowl, Seasoned Corn, WG Garlic Twist
2^{mate}	Daily Selections: Classic Cheese Pizza and Pepperoni Pizza				
	Meat Lovers Stromboli	Mexican Pepper Tomato & Olive Pizza	Philly Cheese Steak Pizza	Italian Sausage Flatbread	Pepperoni & Cheese Calzone
grill'd	Crispy Chicken Sandwich, Classic Cheeseburger, Mushroom & Swiss Burger	Spicy Chicken Sandwich, Classic American Cheeseburger, Philly Cheese Steak	Crispy Chicken Sandwich, Jalapeno Cheeseburger, BBQ Coleslaw Chicken Panini	Spicy Chicken Sandwich, Classic Cheeseburger, Mozzarella and Pepperoni Panini, Seasoned Fries	Crispy Chicken Sandwich, Classic Cheeseburger, Taco Burger, Seasoned Fries
ON THE GO	Chicken Caesar Salad w/ Roll, Turkey Ranch Wrap, Apple Cinnamon Parfait with Granola	Turkey Cobb Salad w/ Roll, Simple Egg Salad Sandwich, Blueberry Parfait with Granola	BBQ Chicken & Wild Rice Salad, Turkey Cheddar Ciabatta, Strawberry Parfait with Granola	Popcorn Chicken Salad w/ Roll, Ham & Swiss Pretzel Roll Sandwich, Pineapple Parfait with Granola	Chicken Apple Salad Ciabatta, Ham & Turkey Chef Salad w/Roll, Peach Parfait with Granola
SONO <small>CELEBRATE LATIN</small>		Chicken Fajita, Seasoned Taco Meat, Mexican Style Refried Beans, Cilantro Lime Rice			

Available with all meals - minimum of 1/2 cup fruit vegetable

Mixed Greens Salad	Mixed Greens Salad	Hearty Spinach & Vegetable Salad	Mixed Greens Salad	Hearty Vegetable & Spinach Salad
Broccoli Ranch Salad with Carrots	Broccoli Ranch Salad with Carrots	Pea Salad	Corn Salad with Ranch	Home-style Potato Salad
Sliced Cucumbers, Baby Carrots	Fresh Cauliflower Florets	Fresh Cherry Tomatoes, Garbanzo Beans	Fresh Cherry Tomatoes, Home-Style Potato Salad	Fresh Celery Sticks
100% Fruit Juice	Baby Carrots	100 % Fruit Juice	Sliced Cucumbers	Baby Carrots
Fresh Whole Fruit, Assorted Chilled Fruit	Fresh Whole Fruit, Assorted Chilled Fruit	Fresh Whole Fruit, Assorted Chilled Fruit	Fresh Whole Fruit, Assorted Chilled Fruit	Fresh Whole Fruit, Assorted Chilled Fruit
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