



Student's Choice! Dundee Middle School February Lunch Menu

*White 1%, Fat Free Chocolate, and Strawberry Milks available DAILY

Made Daily: House made pizzas. Chicken Sandwiches and Grille Special. Deli Sandwiches & Salads. Fresh fruit, vegetables, and parfaits.
Middle: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes (minimum 1/2 cup), one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Grilled Cheese Sandwich	SONO Bar: Create your own Nachos, Tacos, Burrito, or Salad	Viking Bowl Friday's! Popcorn Chicken, Mashed Potatoes
		Penne Pasta with Marinara	Refried Beans, Rice and Toppings	Gravy, Seasoned Corn and Dinner Roll
		Herbed Grilled Chicken & Savory Green Beans		
6	7	8	9	10
Breakfast for Lunch!! Cheesy Scrambled Eggs, WG Pancakes, Bacon, Tator Tots, WG Biscuit Strawberries & Whipped Topping	SONO Bar: Create your own Nachos, Tacos, Burrito, or Salad Refried Beans, Rice and Toppings	Chicken Tenders Macaroni and Cheese Seasoned Peas and Carrots WG Biscuit	SONO Bar: Create your own Nachos, Tacos, Burrito, or Salad Refried Beans, Rice and Toppings Mini WG Biscuit & Savory Green Beans	Viking Bowl Friday's! Popcorn Chicken, Mashed Potatoes Gravy, Seasoned Corn and Dinner Roll
13	14	15	16	17
SONO Bar: Create your own Nachos, Tacos, Burrito, or Salad Refried Beans, Rice and Toppings	Chicken Parmesan with Penne Pasta Seasoned Broccoli & WG Garlic Twist	SONO Bar: Create your own Nachos, Tacos, Burrito, or Salad Refried Beans, Rice and Toppings	Viking Bowl Friday on Thursday! Popcorn Chicken, Mashed Potatoes Gravy, Seasoned Corn and Dinner Roll	Half Day - Sack Lunches are Available in the Café
20	21	22	23	24
No School See you tomorrow!	Chicken & Cheese Quesadilla SONO Bar: Create your own Nachos, Tacos, Burrito, or Salad Refried Beans, Rice and Toppings	Turkey Ham & Cheese Pretzel Sandwich Turkey & Cheese Sub, Curly Fries & Warm Apple Slices	SONO Bar: Create your own Nachos, Tacos, Burrito, or Salad Refried Beans, Rice and Toppings	Viking Bowl Friday's! Popcorn Chicken, Mashed Potatoes Gravy, Seasoned Corn and Dinner Roll
27	28			
Breakfast for Lunch!! Viking Breakfast Bowl! Scrambled Eggs, Tator Tots, Gravy, & Biscuit	SONO Bar: Create your own Nachos, Tacos, Burrito, or Salad Refried Beans, Rice and Toppings			

School Foodservice Information:

Lunch Price: \$2.75 paid, \$.40 reduced, free (if qualified)

No advance registration necessary! All students are welcome every day!

Jennifer Gay, Director of Dining Services

