## Dundee High School: Week of 3/2/2020 Lunch Menu

**Create**
- **Monday**: Scramble Eggs & Turkey Ham Pancakes, Baked Apples
- **Tuesday**: Made to Order Sandwich Bar
  - Available Tuesdays: Variety of Meats, Cheese, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments
- **Wednesday**: Made to Order Pasta Bar
  - Meatballs in Spaghetti Sauce
  - Diced Chicken Alfredo Sauce
  - WG Garlic Toast
  - Fresh Vegetables
- **Thursday**: Chicken Parmesan
  - Spaghetti Sauce
  - Seasoned Cauliflower Whole Grain Garlic Toast
- **Friday**: Popcorn Chicken Mashed Potatoes & Chicken Gravy Steamed Corn Whole Grain Dinner Roll

**Grilled**
- **Monday**: Cheeseburger
  - Crispy Chicken Sandwich
  - Italian Meatball Sub
- **Tuesday**: Spicy Chicken Sandwich
  - Cheeseburger
  - Chicken Nuggets with WG Roll
- **Wednesday**: Cheeseburger
  - Crispy Chicken Sandwich
  - Grill Chicken Sandwich
  - Made to Order Pasta Bar
  - Meatballs in Spaghetti Sauce
  - Diced Chicken Alfredo Sauce
  - WG Garlic Toast
  - Fresh Vegetables
- **Thursday**: Chicken Parmesan
  - Spaghetti Sauce
  - Seasoned Cauliflower Whole Grain Garlic Toast
- **Friday**: Popcorn Chicken Mashed Potatoes & Chicken Gravy Steamed Corn Whole Grain Dinner Roll

**Sono**
- **Monday**: Beef Taco Meat
  - Cheese Enchiladas
  - Seasoned Black Beans
  - Cilantro Lime Rice
  - Tortilla Chips
  - Whole Grain Tortillas
- **Tuesday**: Beef Taco Meat
  - Quesadillas
  - Refried Beans
  - Cilantro Lime Rice
  - Tortilla Chips
  - Whole Grain Tortillas
- **Wednesday**: Beef Taco Meat
  - Fajita Chicken
  - Seasoned Black Beans
  - Cilantro Lime Rice
  - Tortilla Chips
  - Whole Grain Tortillas
- **Thursday**: Beef Taco Meat
  - Cheese Quesadillas
  - Refried Beans
  - Cilantro Lime Rice
  - Tortilla Chips
  - Whole Grain Tortillas
- **Friday**: Beef Taco Meat
  - Chicken & Bean Enchiladas
  - Seasoned Black Beans
  - Cilantro Lime Rice
  - Tortilla Chips
  - Whole Grain Tortillas

**On the Go**
- **Monday**: Chicken Caesar Salad
  - with Whole Grain Roll
- **Tuesday**: Turkey Cobb Salad
  - with Whole Grain Roll
- **Wednesday**: Cheddar/Mozzarella Salad
  - with Whole Grain Roll
- **Thursday**: Popcorn Chicken Salad
  - with Whole Grain Roll
- **Friday**: Ham & Turkey Chef Salad
  - with Whole Grain Roll

**Strawberry Granola Parfait**

---

**Classic Cheese and Pepperoni offered Daily**

<table>
<thead>
<tr>
<th>Cheese Stuffed Breadsticks with Pizza Sauce</th>
<th>Pepperoni &amp; Cheese Calzone with Pizza Sauce</th>
<th>Veggie lover’s Pizza</th>
<th>Pepperoni Stromboli</th>
<th>Southwestern Chicken Flatbread</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheeseburger Crispy Chicken Sandwich Italian Meatball Sub</td>
<td>Spicy Chicken Sandwich Cheeseburger Chicken Nuggets with WG Roll</td>
<td>Cheeseburger Crispy Chicken Sandwich Grilled Chicken Sandwich</td>
<td>Spicy Chicken Sandwich Cheeseburger Italian Hoagie</td>
<td>Cheeseburger Chicken Sandwich Fish Sandwich with Cheese Seasoned Fries</td>
</tr>
</tbody>
</table>

---

**Extra, Extra**
- **Monday**: Spinach and Cranberry Salad
  - Corn Salad with Ranch Fresh Carrots Celery Sticks Fresh Broccoli Florets Fresh Whole Fruit Assorted Chilled Fruit
- **Tuesday**: Hearty Spinach & Vegetable Salad
  - Pea Salad Garbanzo Beans Fresh Grape Tomatoes 100% Fruit Juice Fresh Whole Fruit Assorted Chilled Fruit
- **Wednesday**: Tossed Side Salad
  - Broccoli Salad with Raisins Fresh Baby Carrots Celery Sticks 100% Fruit Juice Fresh Whole Fruit Assorted Chilled Fruit
- **Thursday**: Hearty Spinach & Vegetable Salad
  - Pea Salad Fresh Baby Carrots Celery Sticks 100% Fruit Juice Fresh Whole Fruit Assorted Chilled Fruit

---

USDA is an equal opportunity employer and provider.